## DARK HORSE FLYERS CYCLING CLUB WEATHER POLICY

Our Ride Leaders do their best to announce ride cancellations via the App and the Ride Board two (2) hours before the ride start.

Please be aware that club rides will be cancelled as an insured and sanctioned ride due to any of the following:

- It is raining at the start of the ride.
- There is a forecast of $70 \%$ POP or more of rain or lightning/thunderstorms.
- Extremely high winds or gusts $(40 \mathrm{~km} / \mathrm{h}+$ ) on the day of the ride.
- The temperature (humidex value) is above $40^{\circ} \mathrm{C}$.

Club rides are on 'Weather Watch' if:

- The POP is $50 \%$ or higher.
- Winds are above $30 \mathrm{~km} / \mathrm{h}$.]
- The temperature (humidex value) is above $35^{\circ} \mathrm{C}$.

A cancelled ride does not mean you cannot ride, it just means that we do not recommend you ride and that Ride Leaders will not be credited or attending in that capacity. For safety reasons we cannot sanction it.

## AIR QUALITY POLICY

Air Quality is to be monitored along with all weather. Poor Air Quality falls under "Weather Watch" in the same way as precipitation, thunder and lightning. We rely on the Air Quality Health Index (AQHI) published by Environment Canada.

| AQHI | Ride Status |
| :---: | :--- |
| $1-3$ | Ride on! |
| $4-6$ | "Weather Watch" |
| $7+$ | Ride Cancelled |

Rides will be updated on the Cycle Club App, and on the Ride Board. Air Quality can change quickly, so always check the status of your ride before heading out.

If public health authorities make specific recommendations with respect to Air Quality and including the cancellation of outdoor events and activities, DHFcc will follow such guidance. We encourage all participants to monitor the air quality and make the choice to ride based on personal comfort.

## LIGHTNING AND EXTREME WEATHER POLICY

The Board and Ride Leaders will monitor weather conditions regularly before rides. Club rides will not begin during conditions of thunder and lightning, excessively high winds or in the unlikely event of a possible tornado.

If lightning or thunder occur during a ride, the ride will be stopped and the ride no longer sanctioned. Riders should immediately seek shelter.* The ride will not be considered sanctioned again until 30 minutes have passed since the last occurrence of lightning or thunder. The Ride Leader(s) in consultation with the ride participants may choose to wait safely* and restart a sanctioned ride, otherwise the ride is considered over and ride participants may make their way home safely.

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[^0]:    * A safe shelter is defined as a sturdy building that has metal plumbing or wiring, or both, to electrically ground the structure. A shed or a shack is not a safe shelter. If no shelter is available, stay low, stay away from tall or individual trees, lone objects (flagpoles), metal objects, standing pools of water, and open fields. Avoid close contact with others by maintaining a distance of 15-20 feet.

